

Loudoun County
Senior Center at
Cascades
21060 Whitfield Place
Sterling, VA 20165

571-258-3280

[www.loudoun.gov/
seniors-cascades](http://www.loudoun.gov/seniors-cascades)



Staff:

Manager:

Brenda Davis

Assistant Manager:

Judith Mangilin

Café Supervisor:

Carrie Randolph

Recreation

Programmer:

Paul Torrible

Customer Service:

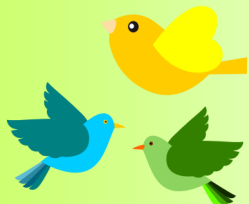
Haley Moore

Vehicle Operator:

Felix Duran

Vehicle Operator:

Satish Sharma



CASCADES SENIOR CENTER

E-NEWS April 2, 2021

Manager's Note

April is National Poetry Month!!

Every year, I dedicate some space in our April newsletter to celebrate National Poetry Month. For 30 Ways to Celebrate National Poetry Month, visit www.poetry.org. For 30 Ways to Celebrate National Poetry Month and to sign up to receive a daily poem via email, visit www.poetry.org.

Reading or writing poetry is a great way to lift your spirits by sending your mind, soul and/or spirit to another place – guided by the beautiful words and rhythm of poets. I've always loved poetry, but it is especially meaningful to me as we mark one year of living with the COVID-19 pandemic.

I can't think of a more fitting way to look toward brighter times than this excerpt from "The Hill We Climb" by Amanda Gorman, 2021 Inaugural Poet

*For there is always light,
if only we're brave enough to see it.
If only we're brave enough to be it.*

What is your favorite poem? Who is your favorite poet? Why does a certain poem have meaning for you? Join us for a virtual "Poetry Read Around" where you can share your favorite poem (perhaps one you've written?) and join a discussion about poetry on Thursday, April 22 at 2pm.



We are still following COVID safety measures regardless of vaccination status.

Masks and social distancing are required at all times when you are in the building.



NOWRUZ MARKS START OF SPRING

The word Nowruz (Novruz, Navruz, Nooruz, Nevruz, Nauryz), means new day (spelling and pronunciation may vary by country). It is celebrated on the day of the astronomical vernal equinox, which usually occurs on 21 March.

Nowruz is an ancestral festivity which means the affirmation of life in harmony with nature. It promotes values of peace and solidarity between generations and within families as well as reconciliation, contributing to cultural diversity and friendship among peoples of different communities. It is celebrated by more than 300 million people all around the world and has been celebrated for over 3,000 years in the Balkans, the Black Sea Basin, the Caucasus, Central Asia, the Middle East and other regions.

Click [here](#) to learn more about NOWRUZ.





OUTDOOR WALKING GROUP

MONDAYS AT 2:00 PM

(meet at the parking lot)

REGISTRATION REQUIRED

**ALL COVID SAFETY MEASURES APPLY TO OUTDOOR PROGRAMMING
ALL OUTDOOR PROGRAMS WILL BE HELD WEATHER PERMITTING
PLEASE CALL FIRST TO FIND OUT IF IT IS A GO!**



ACTIVITIES SCHEDULE

MON 4/5	TUES 4/6	WED 4/7	THURS 4/8	FRI 4/9
10:30am-11:30am ESL Class (Virtual)	10:00am-11:00am Aerobics Video (Indoor)	10:30am-11:30am Yoga Class (Virtual)	10:30am-11:30am Learn Mandarin (Virtual)	10:00am-12:00pm Knit & Crochet (Indoor)
1:00pm-2:00pm Yoga Class (Virtual)	10:30am-11:30am Conversational Spanish (Virtual)	12:00pm-2:00pm Movie Day "Victoria and Abdul" (Indoor)	1:00pm-2:00pm Current Events (Indoor)	1:00pm-2:00pm Safe Bingo (Indoor)
2:00pm-3:00pm Outdoor Walking Group (Outdoor)	1:00pm-2:30pm Intermediate Spanish 2 (Virtual)	2:00pm-3:00pm Special Presentation "Income Tax Fraud" (Virtual)		1:00pm-2:00pm Yoga Class (Virtual)
2:30pm-3:30pm Teen Tech (Virtual)				

The Loudoun County Department of Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you need a reasonable accommodation in order to participate in PRCS activities, please contact the location/program manager (or PRCS administrative office at 703-777-0343/TTY-711). Three business days advance notice is requested.

Registration required 24 hours in advance for all activities. Call 571-258-3280 to register.

MON 4/12	TUES 4/13	WED 4/14	THURS 4/15	FRI 4/16
10:30am-11:30am ESL Class (Virtual)	10:00am-11:00am Aerobics Video (Indoor)	10:30am-11:30am Yoga Class (Virtual)	10:30am-11:30am Learn Mandarin (Virtual)	10:00am-12:00pm Knit & Crochet (Indoor)
1:00pm-2:00pm Yoga Class (Virtual)	10:30am-11:30am Conversational Spanish (Virtual)	12:00pm-2:00pm Movie Day "Out of Africa" (Running time 2 hours 41 mins) (Indoor)	1:00pm-2:00pm Current Events (Indoor)	1:00pm-2:00pm Safe Bingo (Indoor)
2:00pm-3:00pm Outdoor Walking Group (Outdoor)	1:00pm-2:30pm Intermediate Spanish 2 (Virtual)			1:00pm-2:00pm Yoga Class (Virtual)
2:30pm-3:30pm Teen Tech (Virtual)				

ACTIVITY DESCRIPTION

Mondays

10:30am ESL Class ([Virtual Activity](#)) – English as a second language class. Instructor: Judy Villedrouin

1:00pm Yoga ([Virtual Activity](#))—Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev

1:00pm Book Club ([Indoor Activity](#), [3rd Monday's only](#))—Monthly discussions, new members welcome. Leader: Mary Rudiak

2:00pm Outdoor Walking Group

2:30pm Teen Tech ([Virtual Activity](#))— Knowledgeable teens give pointers and instruction on how to use smartphones, computers and other technology. Instructor: Aidan Comie

Tuesdays

10:00am Aerobics Video ([Indoor Activity](#))—light exercise featuring Richard Simmons and the Silver Foxes DVD

10:30am Conversational Spanish ([Virtual Activity](#))— Practice your Spanish while conversing current topics while improving your grammar skills. Instructor: Ana Mahoney

1:00pm Intermediate Spanish 2 ([Virtual Activity](#)) – New students will have to purchase a textbook for \$20. Prerequisites necessary. Instructor: Lea Nigon. Email Paul.torrible@loudoun.gov for details and registration.

Registration required 24 hours in advance for all activities.

Call 571-258-3280 to register.

The Loudoun County Department of Parks, Recreation & Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate in PRCS activities, please contact the program/location manager (or PRCS administrative office at 703-777-0343) three business days prior to the start of the activity.

Wednesdays

10:30am Yoga ([Virtual Activity](#))—Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev

12:00pm- Movie Day ([Indoor Activity](#))—Free movie presentation. Bring your own snacks.

“Victoria & Abdul” 2017, PG-13 (April 7th),
“Out of Africa” 1985, PG (April 14th).

2:00pm Special Virtual Presentation: “Income Tax Fraud”. (April 7th) ([Virtual](#))

Thursdays

10:30am Learn Mandarin ([Virtual Activity](#)) This class is for all levels and is informal. Instructor: Susan Xiaoping

1:00pm Current Events ([Indoor](#)) Current, local and global events discussions. Come join in, new members always welcome. Leader: Steven Cresskoff.

Fridays

10:00am Knit & Crochet ([Indoor](#))— Group activity. No instruction provided. Outdoor participants bring your own chair. Knit and crochet products donated to local charities. Leader: Velinda Sutton.

1:00pm Safe Bingo ([Indoor Activity](#))—Bingo game with social distancing and disposable cards. Caller: Bill Kalteissen

1:00pm Yoga ([Virtual Activity](#))—Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev.

What's for lunch at Cascades?

MON 4/5	TUES 4/6	WED 4/7	THURS 4/8	FRI 4/9
Lasagna Malibu Blend Vegetables Fruit, Bread & Milk Vegetarian meal Available	Baked Chicken Delmonico Potatoes Collard Greens Fruit, Bread & Milk Vegetarian meal Available	Turkey Pot Pie Over Biscuit Broccoli Sweet Potato Fruit, Bread & Milk Vegetarian meal Available	Pork Chops Fettucini Alfredo Spiced Applesauce Fruit, Bread & Milk Vegetarian meal Available	Seafood Casserole Malibu Blend Vegetables Fruit, Bread & Milk Vegetarian meal Available



DRIVE-THRU PICKUP (11:00am-11:30am) & DINE-IN (11:45am-12:30pm)

MON 4/12	TUES 4/13	WED 4/14	THURS 4/15	FRI 4/16
Stuffed Cabbage Mashed Potato Vegetable Blend Fruit, Bread & Milk Vegetarian meal Available	Hot Dog Baked Beans Caribbean Blend Vegetable Hot Dog Bun Fruit & Milk Vegetarian meal Available	Escalloped Chicken with Noodles Green Beans Parslied Potato Fruit, Bread & Milk Vegetarian meal Available	Salisbury Steaks Vegetable Blend Macaroni & Cheese Fruit, Bread & Milk Vegetarian meal Available	Baked Ham Scalloped Potato Mixed Vegetables Fruit, Bread & Milk Vegetarian meal Available





**Special Virtual
Presentation
Wednesday, April
7th at 2:00pm
featuring
AARP's Martin
Bailey.**

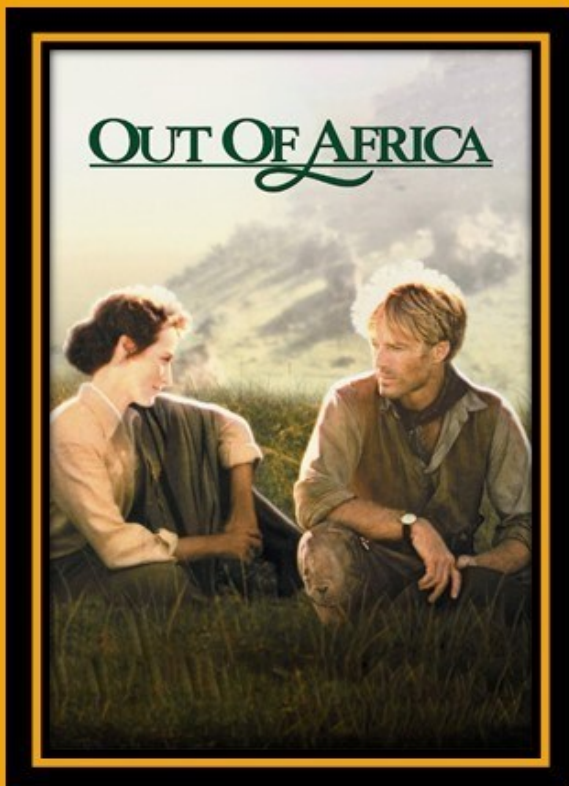
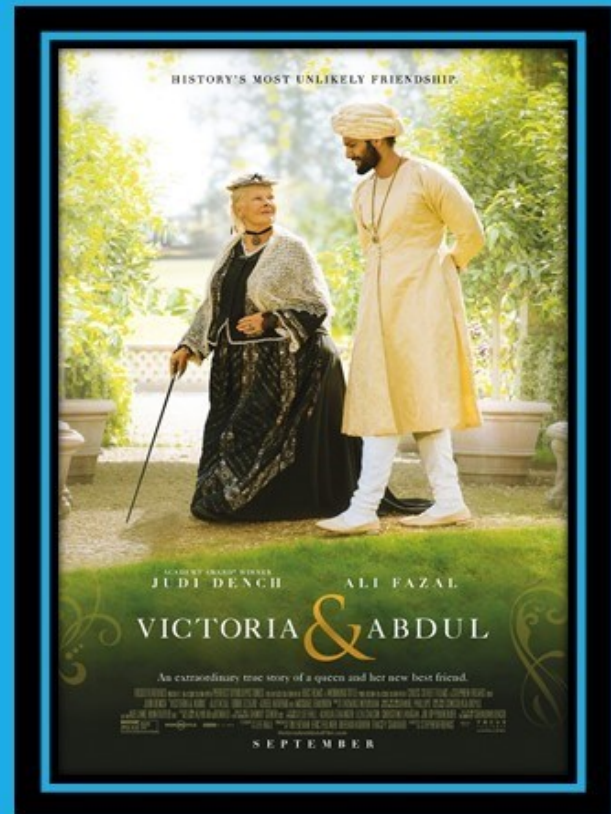
INCOME TAX FRAUD: HOW TO PROTECT YOURSELF!

For most of us, tax season is already stressful enough. Having to worry about scammers impersonating the IRS or impersonating YOU makes it that much worse. While IRS and tax scams happen year-round, they are particularly common during tax season. These impostors will stop at nothing trying to scare folks out of their hard-earned money, and they have lots of ways to make their scam look convincing. Join us to explore what these frauds look like and how to protect ourselves and loved ones from becoming a victim of a scam

**Click below to join Zoom meeting on April 7th at 2:00pm
INCOME TAX FRAUD PRESENTATION**

**Meeting ID: 715 8123 5217
Passcode: a67m3i**

We will present
“Victoria & Abdul”
(2017, PG-13)
Wednesday, April 7th
at 12:00pm.
The movie is free to
senior center
members.



We will present
“Out of Africa”
(1985, PG)
Wednesday, April 14th
at 12:00pm.
The movie is free to
senior center
members.

***DOES THE COVID-19 PANDEMIC HAVE YOU STRESSED?
IF SO, PLEASE JOIN OUR GUEST SPEAKER TO DISCUSS:***

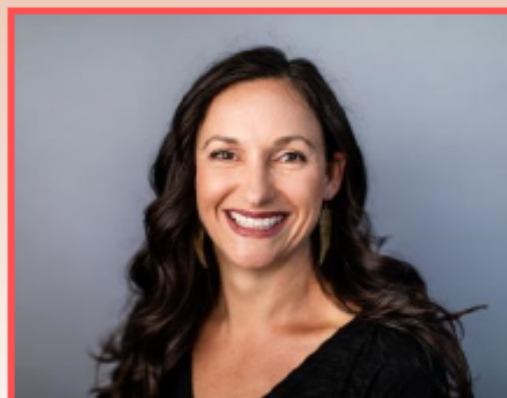
“STAYING MENTALLY HEALTHY”

Alicea Ardito, MSW, LCSW

Loudoun Adult Counseling

WEDNESDAY, APRIL 14, 2021

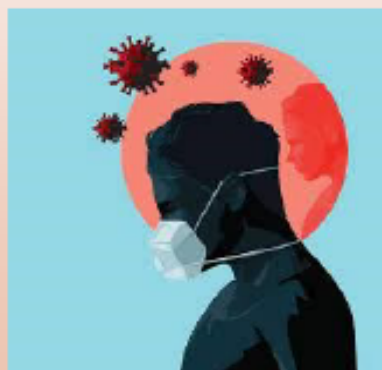
1:00PM



Alicea Ardito is a Licensed Clinical Social Worker (LCSW) in private practice with Loudoun Adult Counseling and Northern Virginia Older Adult Counseling. She is a seasoned speaker and educator on topics relating to aging and mental health.

Alicea has more than ten years of experience working with older adults and their families in various settings including a community based treatment program for older adults with severe mental illness, hospice, long-term care and skilled nursing, geriatric care management and as a therapist/counselor.

In addition to working with older adults, she is passionate in supporting the “sandwich generation”, adults who are concurrently caring for children and aging parents, to help restore balance, alleviate stress and fatigue, explore role and identity issues, and reduce caregiver burnout.



Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/955267173>

You can also dial in using your phone.

United States: [+1 \(872\) 240-3212](tel:+18722403212)

Access Code: 955-267-173



Starting Wednesday, April 21st

Outdoor Tai Chi is Back!

Come join Mabel and Marlene every Wednesday at 10:00am for Tai Chi in the Cascades Senior Center parking lot!

Must call at least 24 hours in advance to reserve a spot, 571-258-3280.

Tai Chi offers a number of benefits:

- Improves balance, helping to reduce falls; also strengthens muscles in the legs and increases flexibility and stability in the ankles
- Improves core strength to enhance stability and reduce back pain
- Increases strength and function for people with chronic or serious illnesses, such as cancer
- May improve immune function
- Improve cognitive functions and memory
- Reduce depression, anxiety and other emotional or mental health conditions

The Poetry Read Around

Celebrate poetry month and join us for
“The Poetry Read Around”
Thursday, April 22nd at 2:00 p.m.

Share one of your favorite poems, a little
bit about the poet and what the poem
means to you.

Have you written poetry?
Share your own poetry too!

To learn more or to register email
Paul.Torrible@loudoun.gov



A Covid Conversation

I've got my shots now,
You've got yours too.
Isn't that great friend?
Think of all we can do.

Now we can shake hands,
Well not so much,
Our right elbows are,
All we can touch.

Can we go to a ball game,
Cheer our home team?
No, cause the pitcher,
Forgot his vaccine.

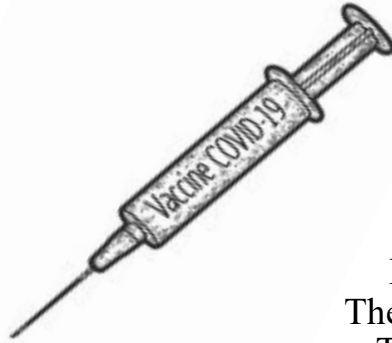
Can we go to the beach?
And work on our tan?
No cause the Governor,
Hasn't lifted that ban.

Well can we just sit,
On this bench and abide?
Only if the bench,
Is at least six feet wide.

You've got your vaccine,
What more can you ask?
Frankly I'd like,
To rip off this mask.

I'm tired of lock down,
I'm fed up with Zoom,
I want to rub elbows,
In a loud, crowded room.

I want to travel,
See gay "Paree,"
Maybe visit Times Square,
Next New Year's Eve.



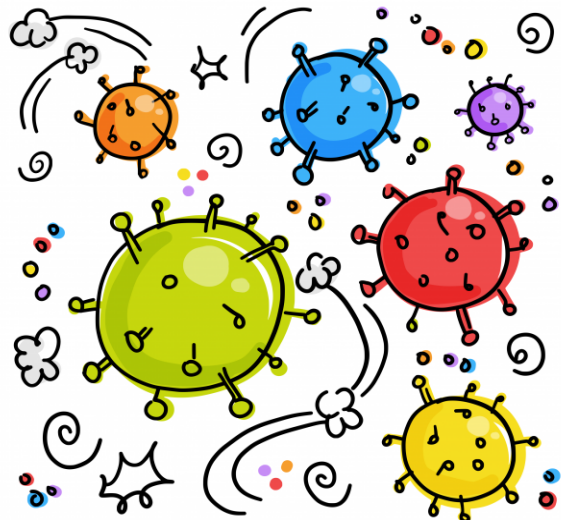
I've had enough!
It's time that we send,
These COVID restrictions,
To a well-deserved end.

Still too soon,
There's a variant around,
We must stay patient,
With our ear to the ground.

Hoping to hear,
With faint clarity,
The oncoming hooves of,
Herd immunity.

OK, I hear you,
I know what you mean,
But if I wait much longer,
I'm going to turn green!

--- Jim Kelly





The Home Delivered Meals Program (HDM), administered by the Loudoun County Area Agency on Aging, urgently needs adults 18 and older to safely deliver nutritious, noontime meals to older adults confined to their home.

Volunteers are needed to make a difference in the lives of vulnerable Loudoun seniors during a time when many are feeling isolated. The commitment is less than two hours on a weekly or monthly basis. Drivers are needed weekdays especially in Leesburg and Sterling, but help is also needed in Ashburn, Dulles South and Purcellville.

HDM volunteers use their personal vehicle to deliver the meals along a specified route.

Email volunteer4PRCS@loudoun.gov or call **703-771-5984** to volunteer. Find more information about the program at loudoun.gov/adultvolunteers.



Loudoun County Area Agency on Aging
VIRTUAL FAMILY CAREGIVER EDUCATION SERIES

KNOW THE 10 WARNING SIGNS

April 6, 2021 • 2 pm – 3 pm EST

Presented by the Alzheimer's Association - National Capital Area Chapter

MEDICARE FOR CAREGIVERS

April 13, 2021 • 1 pm – 2 pm EST

Presented by Mary Lou Wilkins, Loudoun County Area Agency on Aging

HEALTHY LIVING FOR BRAIN AND BODY

May 4, 2021 • 2 pm – 3 pm EST

Presented by the Alzheimer's Association - National Capital Area Chapter

EMBRACING THEIR REALITY: HOW TO BETTER COMMUNICATE IN DEMENTIA CAREGIVING

May 19, 2021 • 1:30 pm – 2:30 pm EST

Presented by Rachael Wonderlin, MS, Dementia By Day

Hosted by the Loudoun County Area Agency on Aging

TO REGISTER FOR THESE FREE, VIRTUAL PROGRAMS,
please send an email to aaasupport@loudoun.gov



If you require an accommodation for any type of disability in order to participate, please contact Lesley Katz at 703-771-5407/TTY-711. Three business days advance notice is requested.



Things you never knew about the Easter Bunny!

The Easter Bunny legend began in Germany

Have you ever wondered where the Easter Bunny story originated? We can say that the story of rabbits bringing eggs doesn't make a lot of logical sense, so there must be a reason as to why every year children rush to see what treats that this mythical creature has left for them. But just like Santa Claus has no Christian significance to Christmas, the Easter Bunny also has no real connection to this holy day. The origin of the Easter Bunny dates back hundreds of years, beginning in pre-Christian Germany. Here, the hare was said to be the symbol of the Pagan Goddess of Spring and Fertility. As Christianity spread across Europe, Pagan traditions were blended with Christian holidays, which saw the Easter Bunny lay a nest of colorful (today, chocolate) eggs for children who were well-behaved on Easter Sunday.

The holiday was named after the Anglo-Saxon Goddess, Eostre

The next fun fact we have about Easter is around the question: why is Easter called Easter? According to scholars, this Christian holiday was named after the Anglo-Saxon goddess, Eostre, who was depicted as a Fertility Goddess and a Goddess of Dawn and Light. She was honored at Pagan festivals celebrating the arrival of spring, further highlighting the blend of Pagan traditions with Christian holidays.

The act of painting eggs originates from a Ukrainian tradition

For countless generations, Ukrainians have been decorating eggs as a calling out to the Gods and Goddesses of health and fertility. This traditional act of pysanka ("pih-sahn-kah") is made by using wax and dyes, but this colorful custom didn't take off until Ukrainian immigrants came to the U.S.

In Germany, it is illegal to dance on Good Friday

On Good Friday, which sees the start of the Easter weekend, it is illegal to dance in public in the majority of states in Germany. Even Europe's clubbing capital, Berlin, becomes a dance-free zone out of respect for the religious day. In Baden-Württemberg, music is allowed to be played but dancing is not allowed, whilst in Bavaria, if you are caught playing music of any kind in a bar, you could be fined up to 10,000 euros. So why the boogie ban, Germany? The thinking behind this ban is out of respect for Christians, whom mourn the death of Jesus on Good Friday and Easter Sunday, and in Germany these days are considered to be holidays of silence.



Happy Easter! Ready for “Egg Tapping?”

The egg is a symbol of rebirth, adopted by early Christians as a symbol of the resurrection of Jesus at Easter. During medieval times, egg tapping was practiced in Europe.

In England, the game is played between pairs of competitors who repeatedly knock the pointed ends of their eggs together until one of the eggs cracks; the overall winner is the one whose egg succeeds in breaking the greatest number of other eggs. The world egg tapping championships have been held each Easter Sunday at Peterlee Cricket and Social Club County Durham, England, since 1983. Proceeds from the event are donated to the Macmillan Cancer Support charity.

In Louisiana, egg-tapping is a serious competition event. Marksville claims to be the first to make it into an official event in 1956. Preparation for this contest has turned into a serious science. People now know which breeds of chicken lay harder eggs, and at what time. The chickens must be fed calcium-rich food and have plenty of exercise. Proper boiling of the contest eggs is also a serious issue. Some rules are well known, such as eggs must be boiled tip down, so that the air pocket is on the butt end. There is also a rule that the champions must break and eat their eggs to prove they are not fake.



KITCHEN CORNER

BOSTON CRÈME PIE FRENCH TOAST

Ingredients:

The Bread

8 slices challah

The Dip

- 8 eggs

- 1/2 cup milk

2 tsp. cocoa powder

The Toppers

- 3 tbsp. vanilla pudding

1/4 cup warmed hot fudge sauce

Preparation

1. In a large (2 qt.) baking dish, whisk 8 eggs, 1/2 cup milk and 2 tsp. cocoa powder. Lay the 8 slices of bread in the egg mixture, turning often until the bread is soaked through, 2 to 3 minutes. In a griddle or large skillet, melt 1 tbsp. butter over medium heat. Add 4 soaked bread slices and cook until golden brown and cooked through, 2 to 3 minutes per side. Repeat with 1 more tbsp. butter and the remaining bread.

2. Spread 3 tbsp. vanilla pudding on 4 slices of the French toast. Top each with a slice of the remaining toast. Pour 1/4 cup warmed hot fudge sauce over each stack.

REMINDER:

If you are in need of a lunch meal or food in general, please call the center at 571-258-3280 so that we can assess the situation and figure out the best way to meet your needs.



RACHAEL RAY EVERY DAY UPDATED:MAR 21, 2018 ORIGINAL:SEP 26, 2017



April Showers

Both Al Jolsen and Judy Garland sang this song!

When April showers may come your way
They bring the flowers that bloom in May
So when it's raining have no regrets
Because it isn't raining rain you know
It's raining violets



And when you see clouds up on a hill
You know they'll bring crowds of daffodils
So just keep looking for a bluebird
And listening for his song
Whenever April showers come along

And when you see clouds up on the hill
You know there'll be crowds of daffodils
So just keep looking for a bluebird
And listening for his song
Whenever April showers come a-long...



THE OLD FARMER'S ALMANAC

THE MONTH OF APRIL 2021: HOLIDAYS & FUN FACTS

THE MONTH OF APRIL

The month of April gets its name from the Latin word *aperio*, meaning “to open [bud],” because plants really begin to grow now. [Read more about how the months got their names.](#)

APRIL CALENDAR

April 1 is All Fools’ Day—otherwise known as “**April Fools’ Day.**” [Where did this silly day come from?](#)

April 2 is **Good Friday.** [Learn more about Good Friday.](#)

April 4 is **Easter Sunday.** (May 2 is Orthodox Easter.) [Did you know that Easter’s date is related to the full Moon?](#)

April 12 marks the start of **Ramadan** (beginning at sundown). [Learn more about Ramadan.](#)

April 22 is **Earth Day.** To celebrate, see some [Earth Day ideas and activities.](#)

April 24 is the [birthday of Robert B. Thomas, the founder of *The Old Farmer’s Almanac*!](#)

April 30 is **National Arbor Day.** Find out [who started Arbor Day](#) and how we observe this day honoring trees.

“Just for Fun” Days:

Apr. 1: Sweet Potato Day

Apr. 6: International Pillow Fight Day

Apr. 7: National No Housework Day

Apr. 17: Blah, Blah, Blah Day

Apr. 21: Go Fly a Kite Day

Apr. 26: National Richter Scale Day

Apr. 27: National Sense of Smell Day

GARDENING

Does the warmth of spring turn your thoughts to gardening?

[Monthly Gardening Jobs](#)

[Make a Container Gardening Planter](#)

[Plant Guides to Roses, Flowers, and Shrubs](#)

[Plant Guides to Vegetable, Herbs, Fruit](#)

[Starting Your Garden](#)

APRIL ASTRONOMY

The Full Pink Moon - April’s full Pink Moon will rise on the night of Monday, April 26, reaching peak illumination at 11:33 P.M. ET. This full Moon is one of two [supermoons](#) this year.

[Learn more about April’s full Moon here.](#)

APRIL BIRTHSTONE & BIRTH FLOWER

Birthstone: Diamond. [Read more about diamonds!](#)

Birth Flowers: Daisy and Sweet Pea. [Read about April’s birth flowers.](#)

APRIL'S QUIZ

Which event did *not* happen in April?



A. "Shot heard 'round the world"/Battles of Lexington and Concord



B. Mutiny on the HMS *Bounty*



C. First transcontinental railroad completed at Promontory Summit in Utah Territory



D. Harrowing flight of *Apollo 13*

****CROSSWORD PUZZLE****

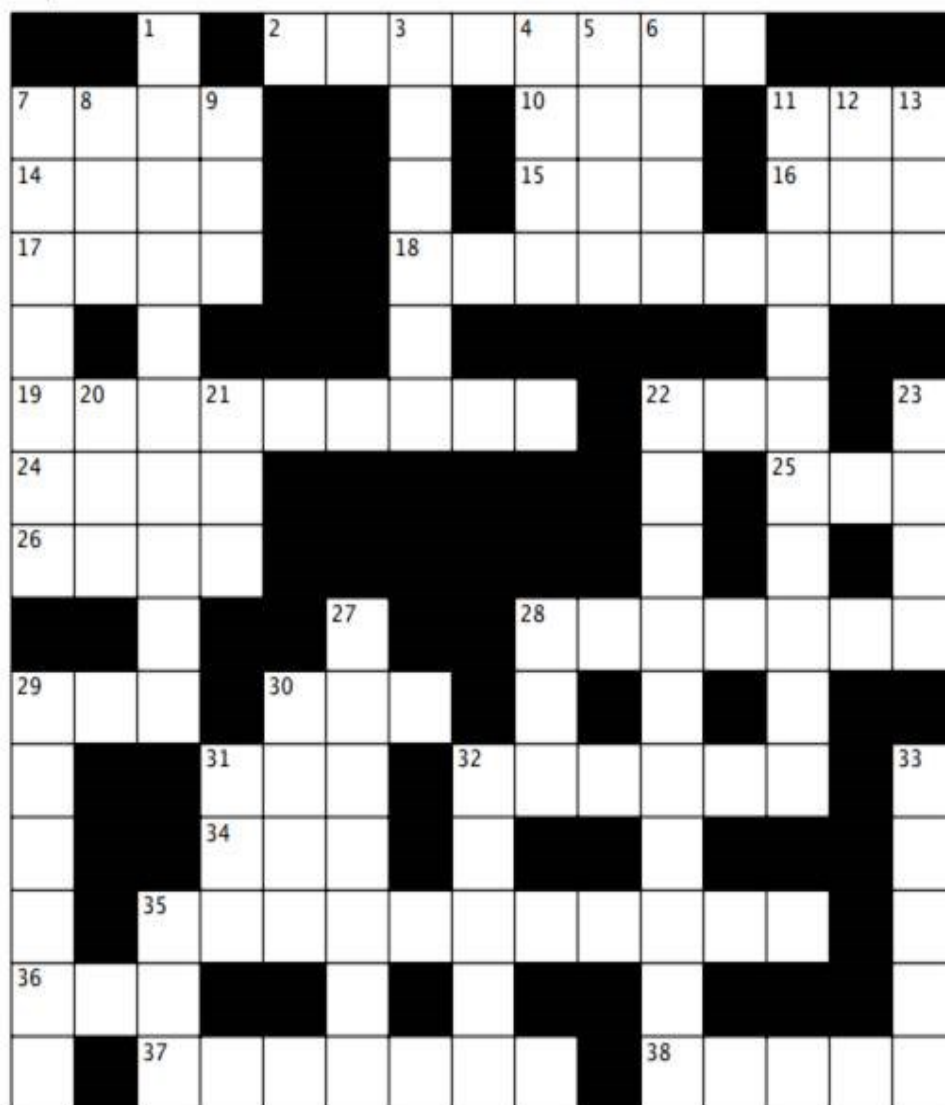
Water, Water Somewhere? S. Weyer

ACROSS

2. Little girl's room
(possible 19A source) (8)
7. Small boat (4)
10. Eggs to Caesar (3)
11. Male sib (3)
14. Uncommon (4)
15. It's all around us (3)
16. Cover (3)
17. Elevator guy (4)
18. Gardener's playground
(9)
19. Reusable household
liquid (9)
22. Stir fry pan (3)
24. Detest (4)
25. A question of identity (3)
26. Sibling or bed size (4)
28. Place to soak after long
gardening day (possible
19A source) (7)
29. Recycling receptacle (3)
30. Female sib (3)
31. Choose (3)
32. Standup alternative to
28A (possible 19A
source) (6)
34. Brand of ballpoint pen
(3)
35. Fun to watch tourists
taste it at the Plaza (11)
36. In the past (3)
37. Place to clean clothes
(primary 19A source) (7)
38. Find another purpose for
(5)

DOWN

1. Plant hydration (it could
use 19A) (10)
3. It gets flushed (it could
use 19A) (6)



4. Horse of a different color
(4)
5. Roman poet (4)
6. Used to propel 7A (4)
7. Extended dry period (7)
8. A grain (3)
9. Affirmative (3)
11. Output of 3D (not
reusable) (10)
12. Tear (3)
13. Keats' creation (3)
20. Uncooked (3)
21. Urge; Japanese currency
(3)
22. Kayaker's challenge (10)
23. Opposite of Broadway hit
(4)
27. Cooking area (19A
source if filtered) (7)
28. Scrooge comment (3)
29. Root ball covering (6)
30. Expectorate; narrow sea
peninsula (4)
31. Japanese sash (3)
32. Step between floors (5)
33. Place to live (5)
35. Amusing Internet
acronym (3)

ANSWER KEY

ANSWER TO QUIZ ON PAGE 19 : C, on May 10, 1869. (A. April 19, 1775; B. April 28, 1789; D. April 11–17, 1970)

ANSWER TO CROOSWORD PUZZLE ON PAGE 20

Water, Water Somewhere? S. Weyer

		1	I		2	B	A	3	T	H	4	R	5	O	6	O	M					
7	D	8	O	R	9	Y			O		10	O	V	A			11	B	12	R	13	O
14	R	A	R	E					I		15	A	I	R			16	L	I	D		
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