

Loudoun County  
Senior Center at  
Cascades  
21060 Whitfield Place  
Sterling, VA 20165

571-258-3280

[www.loudoun.gov/  
seniors-cascades](http://www.loudoun.gov/seniors-cascades)



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# CASCADES SENIOR CENTER

## WEEKLY E-NEWS DECEMBER 11, 2020

### Manager's Note

#### Stay Vigilant!

While we are all relieved and happy to hear of the progress made on the COVID-19 vaccine, we are a long way off from vaccinations being available to everyone. Once the vaccines are shipped to Virginia, they will begin by vaccinating people based on a priority list which ranks people according to need (long term care residents & medical personnel at the top of the list).

Please stay vigilant in maintaining all of the safety measures recommended to prevent the spread of COVID-19:

- Wear a mask
- Maintain 6 ft distance from people not living in your household
- Wash your hands for at least 20 seconds with warm soapy water
- Use hand sanitizer when you cannot wash your hands

For more information on what you need to know about the COVID-19 vaccine, click here <https://www.loudoun.gov/CivicAlerts.aspx?AID=6209>



[Loudoun County, VA - Official Website](https://www.loudoun.gov)

## \*\*ACTIVITIES SCHEDULE\*\*

MON. 12/14	TUES. 12/15	WED. 12/16	THURS. 12/17	FRI. 12/18
<p><b>10:30am-11:30am</b> ESL Class <i>(Virtual Activity)</i></p> <p><b>1:00pm-2:00pm</b> Yoga Class <i>(Virtual Activity)</i></p> <p><b>1:00pm-2:00pm</b> Book Club 3rd Monday Only <i>(Indoor Activity)</i></p> <p><b>2:00pm-3:30pm</b> Walking Group <i>(Outdoor Activity)</i></p> <p><b>2:30pm-3:30pm</b> Teen Tech <i>(Virtual Activity)</i></p>	<p><b>10:00am-11:00am</b> Aerobics Video <i>(Indoor Activity)</i></p> <p><b>10:30am-11:30am</b> Conversational Spanish <i>(Virtual Activity)</i></p> <p><b>1:00pm-2:30pm</b> Intermediate Spanish I <i>(Virtual Activity)</i></p>	<p><b>10:30am-11:30am</b> Yoga Class <i>(Virtual Activity)</i></p> <p><b>12:00pm-2:00pm</b> Movie Day: "On the Basis of Sex" (2018 PG-13) <i>(Indoor Activity)</i></p> <p><b>Activity Key:</b> Green=Outdoor (weather permitting)  Blue=Virtual  Red=Indoor</p>	<p><b>10:30am-11:30am</b> Learn Mandarin <i>(Virtual Activity)</i></p> <p><b>1:00pm-2:00pm</b> Current Events <i>(Indoor &amp; Outdoor Activity)</i></p>	<p><b>10:00am-12pm</b> Knit &amp; Crochet <i>(Indoor &amp; Outdoor Activity)</i></p> <p><b>1:00pm-2:00pm</b> Safe Bingo <i>(Indoor Activity)</i></p> <p><b>1:00pm-2:00pm</b> Yoga Class <i>(Virtual Activity)</i></p>

Registration required for **all indoor** activities. Registration also required for **Teen Tech**, **Tai Chi** and **Walking Group**. Call 571-258-3280 to register.

# ACTIVITY DESCRIPTION

## Monday 12/14

**10:30am ESL Class (Virtual Activity)** – English as a second language class. Instructor: Judy Villedrouin

**1:00pm Yoga (Virtual Activity)**—Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev.

**1:00pm Book Club (Indoor Activity, 3rd Monday's only)**—Monthly discussions, new members welcome. This month--“The Little Paris Bookshop” by Nina George. Leader: Mary Rudiak.

**2:00pm Walking Group (Outdoor Activity)**—Expect a 25-30 minute walk approximately ¾ of a mile to 1 mile in distance. Please bring water. 2:30pm

**Teen Tech (Virtual Activity)**— Knowledgeable teens give pointers and instruction on how to use smartphones, computers and other technology. Instructor: Aidan Comie.

## Thursday 12/17

**10:30am Learn Mandarin Chinese (Virtual Activity)**—This class is for all levels and is Informal. Instructor: Susan Xiaoping.

**1:00pm Current Events (Indoor Activity)**—Current local and global events discussions. Come join in, new members always welcome. Leader: Steven Creskoff.

## Tuesday 12/15

**10:00am Aerobics Video (Indoor Activity)**—light exercise featuring Richard Simmons and the Silver Foxes DVD.

**10:30am Conversational Spanish (Virtual Activity)**—Practice your Spanish while conversing current topics while improving your grammar skills. Instructor: Ana Mahoney.

**1:00pm Intermediate Spanish (Virtual Activity)**—Class runs from October 6- December 15. Prerequisite: Beginners Spanish. Textbook is \$20. Instructor: Lea Nigon.

## Friday 12/18

**10:00am Knit & Crochet (Indoor & Outdoor Activity)**— Group activity. No instruction provided. Outdoor participants bring your own chair. Knit and crochet products donated to local charities. Leader: Velinda Sutton.

**1:00pm Safe Bingo (Indoor Activity)**—Bingo game with social distancing and disposable cards. Caller: Bill Kalteissen

**1:00pm Yoga (Virtual Activity)**- Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev.

## Wednesday 12/16

**10:30am Yoga (Virtual Activity)**—Light stretching and breathing exercise to improve your health and happiness. Instructors: Jagdish & Kailash Sachdev.

**12:00pm- Movie Day (Indoor Activity)**—Free movie presentation. Bring your own snacks. This week's film, “On the Basis of Sex” 2018 (Rated PG-13).



# What's for lunch at Cascades?

MON 12/14	TUES 12/15	WED 12/16	THURS 12/17	FRI 12/18
Stuffed Cabbage Corn Vegetable Blend Sliced Peaches Roll & Milk  Vegetarian meal Available	Hot Dog/Roll Baked Beans Caribbean Blend Veggies Fruit & Milk  Vegetarian meal Available	Spinach Quiche Vegetable Blend Fruit, Roll & Milk  Vegetarian meal Available	Cornish Hens Scalloped Potato Green Beans Fruit, Roll & Milk  Vegetarian meal Available	Baked Ham Macaroni & Cheese Mixed Vegetables Mandarin Oranges Collard Green Roll & Milk  Vegetarian meal Available
				

**DRIVE-THRU PICKUP (11:00am-11:30am)**

**DINE-IN LUNCH (11:45am-12:30pm)**

Lunches are packaged individually under very safe protocol at the central kitchen and the food is as delicious as ever! The center is cleaned and disinfected regularly and masks must be worn in the building at all times (except while at your table eating 😊).

Check out this video on the Advisory Board website [www.mycascadescenter.org](http://www.mycascadescenter.org) for more information about coming to the café for lunch.

Call us to reserve your place for lunch – we can't wait to see you! 😊

Santa's coming! Santa's coming!



Santa will be here  
December 14<sup>th</sup>-18<sup>th</sup>,  
for lunch and virtual classes!  
Have you been good this year?



**Movie day is**  
**Wednesday**  
**December**  
**16th at**  
**12:00pm**

In honor of the late  
Ruth Bader Ginsburg,  
come and enjoy a free  
presentation of  
**“On the Basis of  
Sex”**

2018 Rated PG-13  
(Bring your own  
snacks)

**Ruth Bader Ginsburg is a struggling attorney and new mother who faces adversity and numerous obstacles in her fight for equal rights. When Ruth takes on a groundbreaking tax case with her husband, attorney Martin Ginsburg, she knows it could change the direction of her career and the way the courts view gender discrimination.**



## NATIONAL CHRISTMAS TREE LIGHTING 2020

If you missed the lighting of the National Christmas Tree in Washington D.C., you can view it here! Click below to see the ceremony, the holiday performances, and a timeline of the nearly 100 year tradition.

<https://thenationaltree.org/>



## Time to connect with others near you!

It's never been easier to connect, learn and have fun. For free and from home – virtually! Learn about events, games and more. Click below to connect.

<https://local.aarp.org/>

## **COVID-19 (coronavirus) and holiday celebrations: Tips for gathering safely**

**Find out how to limit your risk of infection with the COVID-19 virus and protect others when hosting or attending an in-person holiday gathering.** [By Mayo Clinic Staff](#)

With the holiday season approaching, you might be thinking about how to celebrate and keep yourself and your loved ones safe from the spread of the coronavirus disease 2019 (COVID-19). Undoubtedly, the holidays will look different this year. But it is possible to celebrate safely, whether virtually or, in some cases, together in person. Find out how to minimize the risks involved in hosting or attending a holiday event.

### **Celebration considerations**

When planning how to celebrate the holidays, make sure you check any state or local health and safety laws, rules, and regulations that might apply. It's also important to consider the unique risks posed by each in-person event. To determine the level of risk involved, ask these questions:

**What are the current levels of COVID-19?** Check the number and rate of COVID-19 cases in your community, in the community where the event is being held and in the community where guests are coming from. The greater the numbers and rates, the greater the risk of infection and spread among guests.

**Where is the event being held?** Outdoor gatherings are safest. If weather permits, celebrate in your backyard or in a park. For indoor gatherings, opening windows and doors can ensure proper ventilation and help lower the risk. Indoor gatherings with poor ventilation pose the greatest risk.

**How long is the event?** Longer gatherings pose a greater risk than shorter gatherings. Keep your event short.

**How many people will attend?** The greater the number of guests, the greater the risk. Keep the guest list small and make sure there is enough room to enable guests from different households to stay at least 6 feet (2 meters) apart. Consider keeping indoor gatherings to 10 people at most and outdoor gatherings to 25 people at most. It's safest to only gather with people who live in your household.

**Are the guests traveling?** Spending time in airports, train stations, bus stations, rest stops and gas stations can expose guests to the virus that causes COVID-19.

**Do the guests follow safety measures?** Gatherings with guests who don't follow safety measures before or during the event pose a greater risk. Safety measures include avoiding close contact (within about 6 feet, or 2 meters) with others, wearing masks and washing hands. Use of alcohol can affect judgment and make it difficult to follow safety measures.

If you aren't comfortable with the level of risk involved, consider canceling, postponing or not attending the event.

### **In-person events: Who should avoid them?**

Don't host or attend an in-person event if you or anyone in your household:

- Has been diagnosed with COVID-19 and hasn't met the criteria for when it's safe to be around others
- Has symptoms of COVID-19
- Is waiting for the results of a COVID-19 test
- May have been exposed to someone with COVID-19 in the last 14 days
- Is at increased risk of severe illness with COVID-19

If you or someone you live with or work with is at increased risk of severe illness with COVID-19, avoid in-person events with people outside of your household.

If you or your loved ones aren't able to attend an in-person gathering, you can still celebrate together virtually. Consider setting up a video during your holiday meal or other activities so that you can still see each other and spend time together.

## **Safety tips for hosts and guests at in-person gatherings**

Hosts of in-person holiday celebrations and guests can take several steps to prevent the spread of the COVID-19 virus.

### **Before the celebration**

The host can provide or guests can bring supplies to the event to promote safety, such as extra masks, hand sanitizer that contains at least 60% alcohol and tissues. It might be helpful to place markers on the floor about 6 feet (2 meters) apart to demonstrate and encourage social distancing. Ask each guest to bring a dry, breathable bag for mask storage between uses.

If the celebration involves people from different households, it's recommended that the host and guests consider strictly avoiding contact with people outside of their households for 14 days before the gathering. The host can also keep a list of guests and their contact information for potential future contact tracing.

### **During the celebration**

During the event, it's important for the host and guests to continue following safety measures to keep everyone safe and protected from the COVID-19 virus. This can be particularly difficult when you're trying to celebrate with family and friends. Consider these tips:

Keep a safe distance

Wear a mask

Encourage proper hygiene

Promote safety around food and drinks

Limit contact with commonly touched surfaces

### **After the celebration**

After the event, if you feel that you were in close contact with many people from different households or that you may have been exposed to the COVID-19 virus, take extra precautions for 14 days. Stay at home as much as possible, avoid being around people at increased risk of severe illness with COVID-19, and consider getting tested for COVID-19. While you are waiting for the results of a COVID-19 test, stay at home and follow safety measures.

If you develop symptoms of COVID-19 or you test positive for COVID-19, immediately contact the host and other guests who attended the event. This can help reduce the spread of COVID-19 by ensuring that others get tested or stay home and away from others, if needed.

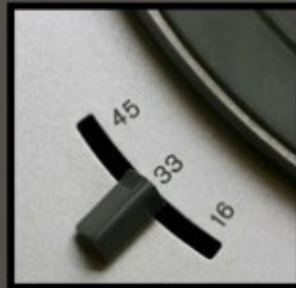
The holidays will involve extra planning this year. But taking safety precautions can allow you and your family and friends to celebrate and minimize the risk of becoming infected with or spreading the COVID-19 virus.

### **Nov. 13, 2020 References**

1. Holiday celebrations and small gatherings. Centers for Disease Control and Prevention. <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>. Accessed Nov.11, 2020.
2. Personal and social activities. Centers for Disease Control and Prevention. <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html>. Accessed Oct. 20, 2020.
3. Coronavirus disease (COVID-19): Small public gatherings. World Health Organization. <https://www.who.int/news-room/q-a-detail/coronavirus-disease-covid-19-small-public-gatherings>. Accessed Oct. 23, 2020.

Safe holiday celebrations during COVID-19. Minnesota Department of Health. <https://www.health.state.mn.us/diseases/coronavirus/holidays.html>. Accessed Oct. 26, 2020.

ARE YOUR GRANDCHILDREN ASPIRING  
 ARCHEOLOGISTS?  
 SEE IF THEY CAN IDENTIFY THESE "ARTIFACTS."



9-12 CORRECT: CONGRATULATIONS! YOU'RE INDIANA JONES!  
6-8 CORRECT: YOU'RE A CONTEMPORARY OF DR. LEAKY  
4-5 CORRECT: WORKING TOWARDS YOUR PHD  
1-3 CORRECT: UNDERGRADUATE STUDENT



LOUDOUN COUNTY AREA AGENCY ON AGING PRESENTS

# COFFEE CHAT

with Lori

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (*FaceTime or by phone*) over coffee with Lori.

*To be connected with Area Agency on Aging programs and services, and other community resources, please call 703-777-0257 to speak with an Aging Program Specialist.*

***To sign-up, send an email to  
aaasupport@loudoun.gov or call 571-233-2583***



<https://www.loudoun.gov/prcscreatingcommunity>

# LOOK FOR THE SPOTTED LANTERNFLY

Check your live holiday  
decorating materials  
such as trees, wreaths  
and garlands.



Egg Mass



Adult

## SCRAPE. SQUASH. REPORT.

### **Help Fight the Spotted Lanternfly: Check Your Holiday Decorating Material for Egg Masses**

Loudoun County officials are enlisting homeowners, gardeners, horticultural retailers, agricultural producers and others in a campaign to thwart the spread of the invasive spotted lanternfly.

If you purchase live material for your holiday decorating that was not grown in Loudoun County such as trees, wreaths and garlands, officials ask that you examine the material to look for egg masses of the spotted lanternfly, which can affect agricultural and ornamental plants.

If you find egg masses, follow the directions under How You Can Help on this webpage <https://www.loudoun.gov/spottedlanternfly>.



Loudoun County Area Agency on Aging

## EARLY STAGE DEMENTIA VIRTUAL SUPPORT GROUP

**2ND WEDNESDAY OF EVERY MONTH | 10 AM - 11 AM**

*Internet link to be sent to registered participants.*

If you have a diagnosis of early stage dementia and would like to meet others who understand, accept and support your experience, please join us.

**TO REGISTER FOR THIS FREE SUPPORT GROUP, PLEASE SEND AN EMAIL TO  
AAASUPPORT@LOUDOUN.GOV OR CALL 703-737-8741**



*If you require an accommodation for any type of disability in order to participate, please call 703-737-8741 /TTY-711. Three business days advance notice is requested.*

## **\*\*RECIPE CORNER\*\***

### **Peanut Butter Balls**

Vegan, gluten-free, no bake/raw

These peanut butter balls forgo the powdered sugar and butter, and instead use a few lighter ingredients using only a fraction of the sweetener compared to traditional recipes. You'll wonder how you ever lived without this recipe around the holidays! It's quick to throw together and makes about 16-20 balls that will fill a platter for a holiday party. For mess-free finger food, place the balls in mini cupcake liners.

#### **Ingredients:**

- 1 cup 100% natural peanut butter (smooth or crunchy)
- 3.5-4 tablespoons pure maple syrup, to taste (see note)
- 1-3 tablespoons coconut flour, only if needed
- fine grain sea salt, to taste (I used 1/4 teaspoon)
- 6 tablespoons gluten-free rice crisp cereal
- 3/4 cup dark chocolate chips (I use Enjoy Life)
- 1/2 tablespoon coconut oil

#### **REMINDER:**

***If you are in need of a lunch meal or food in general, please call the center at 571-258-3280 so that we can assess the situation and figure out the best way to meet your needs.***

#### **Directions:**

1. Stir the jar of peanut butter well before using. In a large bowl, mix together the peanut butter and maple syrup vigorously, for 30-60 seconds, until it thickens up. It will go from runny to thick during this time.
2. Stir in the coconut flour until combined (if your PB is dry, you might be able to skip this step or only use half). We're looking for a texture that isn't too sticky, but not too dry either. Let it sit for a couple minutes to firm up as the coconut flour will continue to absorb moisture with time. Add a touch more coconut flour if necessary. Or if it's too dry, add a touch more syrup.
3. Add salt to taste and stir in the cereal.
4. Shape into small balls (I made about 17).
5. In a small pot, add the chocolate chips and coconut oil and heat over low heat, stirring frequently. Once half the chips have melted, remove from heat and stir until completely smooth.
6. With a fork, dip the balls into the melted chocolate. Tap off excess chocolate on the side of the pot and place the ball on a plate or cutting board lined with parchment. Repeat for the rest. Save any leftover melted chocolate for later.
7. Place balls in the freezer for around 6-8 minutes until mostly firm.
8. Dip a fork into the leftover melted chocolate and drizzle it on top of the balls to create a "sophisticated" design like the baking diva you are.
9. Freeze the balls for another 10-15 minutes, until the chocolate is completely set. If you can wait that long, you win life.

#### **Nutrition Information Tips:**

- 1) I'm not sure if other liquid sweeteners will work in this recipe (and firm up the peanut butter the same way as maple syrup does), therefore I can't recommend any. A reader did tell me that agave nectar worked for her though!
- 2) I recommend only using 100% natural peanut butter for this recipe. You just want to see roasted peanuts on the label (and maybe salt, if it's salted). The *no-stir* kinds made with oil and sugar might not work the same way. The PB I used was very drippy. If your PB seems dry, you probably won't need to use all of the coconut flour.



# your LIBRARY

LOUDOUN COUNTY PUBLIC LIBRARY NEWS AND HAPPENINGS

## Weekly PROGRAM SCHEDULE

### TUESDAY (12/15)

**4:00 PM — Blackout Poetry:** Create a unique poem with a black Sharpie and a page from an old book, newspaper or magazine.

**7:00 PM — Evening Meditation:** Relax and get a good night's sleep with the help of meditation. Led by Gretchen Schutte, a certified yoga and meditation teacher.

### THURSDAY (12/17)

**6:30 PM — Writing Your Story: The Art of Memoir:** Novelist and writing coach John DeDakis explores strategies for identifying significant themes and anecdotes from your life, and then molding them into a coherent whole.

### SATURDAY (12/19)

**11:00 AM — May There Always Be... Storybook Project:** Jim Gill has read your submissions and turned them into a song! Listen to all the wishes of Loudoun County children in this delightful musical video.

### MONDAY (12/14)

**11:00 AM — Online Storytime:** Ms. Christine from Cascades Library reads *Every Color Soup* by Jorey Hurley.

**6:00 PM — Intro to Yoga: Breath and Movement:** Learn yoga at your own pace.

**7:00 PM — Beginner ESOL English Practice:** An interactive session with a focus on holiday food traditions.

### WEDNESDAY (12/16)

**11:00 AM — Online Storytime:** Ms. Elizabeth from Lovettsville Library reads *Night Owl* by Toni Yuly.

**1:00 PM — Nature Journal:** Make your own journal.

**4:00 PM — Forgotten History: Diving a German U-Boat:** Photographer Frank Stopa tells the story of the sinking of a submarine off North Carolina's coast.

**5:00 PM — Online Teen Book Club:** Discuss *I'll Give You the Sun* by Jandy Nelson.

### FRIDAY (12/18)

**11:00 AM — Baby Storytime:** Join Ms. Kathleen from Cascades Library as she reads *A Kiss Means I Love You* by Kathryn Madeline Allen.

**6:00 PM — A Virtual Holiday Sing-along:** Perform with others while learning techniques to sing popular holiday music. Soprano and voice teacher Dr. Mariana Mihai-Zoeter will work with you individually and in groups.

Links for these  
online programs are  
available from the  
Event Calendar at  
[library.loudoun.gov](http://library.loudoun.gov)

# Take a STROLL around the LIBRARY ON a **STORYWALK®!**

## **Brambleton Library**

*Reading Makes You Feel Good* by Todd Parr  
Dec. 2 - Dec. 30

## **Gum Spring Library**

*Snowmen at Work* by Caralyn Buehner  
Dec. 2 - Dec. 20



## **U.S. CITIZENSHIP PREPARATION**

### **LIVE ONLINE**

Mondays, 7:30 p.m.  
(Jan. 4 - Feb. 8)



Space is limited. Contact  
[eqols411@gmail.com](mailto:eqols411@gmail.com)  
for more information.

## **CREATE at Home!**



Ask a librarian about  
Take and Make programs.

LOUDOUN COUNTY  
PUBLIC LIBRARY  
[libraryloudoun.gov](http://libraryloudoun.gov)

# Holiday Edition of Picture Time!

Email us pictures of your holiday décor!

(Tree's, Menorahs, Lights, Pets, etc.)

Email them to: [paul.torrible@loudoun.gov](mailto:paul.torrible@loudoun.gov)



Your  
pictures  
here  
next  
week



We'll feature your pictures in next  
week's e-newsletter.



# Holiday Word Search Challenge



Solve each clue to reveal the holiday-related words to find  
in the puzzle going across, down, and diagonal.

1. December 25th holiday: \_\_\_\_\_
2. Jolly man in red suit: \_\_\_\_\_
3. Hung by the chimney: \_\_\_\_\_
4. December holiday celebrating African-American heritage: \_\_\_\_\_
5. Family customs passed down to next generation: \_\_\_\_\_
6. Kwanzaa candle holder: \_\_\_\_\_
7. Hung on a door at Christmas: \_\_\_\_\_
8. Jewish Festival of Lights: \_\_\_\_\_
9. Special Jewish candelabra: \_\_\_\_\_
10. Red and white striped Christmas sweet: \_\_\_\_\_
11. A wax light that is used as a ceremonial symbol of many holidays: \_\_\_\_\_
12. Number of days of Hanukkah: \_\_\_\_\_
13. Santa's vehicle: \_\_\_\_\_
14. Kwanzaa feast: \_\_\_\_\_
15. Gifts given on the last day of Kwanzaa: \_\_\_\_\_
16. Christmas songs: \_\_\_\_\_
17. Potato pancakes: \_\_\_\_\_
18. They pull Santa's sleigh: \_\_\_\_\_



N	Z	R	D	C	C	J	Y	H	C	H	R	I	S	T	M	A	S
T	L	C	X	U	C	A	N	D	L	E	L	L	L	S	T	I	J
H	F	D	Z	N	N	O	Z	H	R	J	E	C	E	Q	R	G	R
V	O	G	R	C	L	U	A	C	E	W	M	N	R	J	A	Q	R
G	M	O	B	N	O	K	W	H	K	V	A	E	P	O	D	J	K
G	C	E	W	Q	K	O	A	N	R	C	E	W	X	K	I	I	A
S	A	F	N	U	C	G	D	E	Y	D	K	Q	S	V	T	L	R
B	T	S	N	O	O	Z	I	D	N	R	N	E	W	K	I	X	A
D	G	A	T	E	R	E	N	I	L	O	K	N	R	W	O	Q	M
O	H	N	R	O	K	A	E	F	S	T	T	T	E	A	N	L	U
N	G	T	R	H	C	R	H	L	A	K	N	H	A	N	S	F	W
W	Q	A	Q	Q	O	K	O	L	W	N	G	J	T	Z	G	G	G
S	R	C	B	X	I	R	I	H	K	I	C	F	H	A	W	I	P
R	M	L	W	A	A	F	F	N	E	I	W	Y	S	A	G	F	N
P	E	A	Y	C	T	X	P	L	G	I	N	X	T	R	X	T	F
O	Z	U	G	Q	G	U	S	O	D	S	G	A	C	R	D	S	U
S	G	S	V	Z	N	W	V	F	C	D	X	H	R	U	N	E	L
V	W	V	C	E	L	E	B	R	A	T	E	F	T	A	W	M	I

**Bonus: Find 5 more holiday words hidden  
in the word search grid**

