

CASCADES SENIOR CENTER

21060 Whitfield Place
Sterling, VA 20165

Ages
55+

OPEN HOUSE

January 20th, 9 a.m. - 2 p.m.

Invite a friend or a family member to visit and check out the Cascades Senior Center!

- Learn about multiple fitness, social and educational program offerings
- View class demonstrations
- Tour the center to see where activities, fitness classes and lunch are held
- Meet our senior center staff, Advisory Board members and Volunteers!
- Raffle prizes and goodie bags for new members

Join us!



LOUDOUN COUNTY DEPARTMENT OF PARKS RECREATION & COMMUNITY SERVICES

LOUDOUN.GOV/PRCS

FOR ACCESSIBILITY REQUESTS: CONTACT ADAPTREC@LOUDOUN.GOV, 703-777-0343, TTY: 711